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SUNI-SEA ONLINE LEARNING PLATFORM

Scaling Up NCD Interventions in South East Asia (SUNI-SEA) project

The SUNI-SEA project, led by HelpAge International, is part of a broader initiative to promote the health and wellbeing of older people. It addresses the increasing burden of non-communicable diseases (NCDs) in lower-income countries and populations. In these countries, three-quarters of all NCD-related deaths occur, with Myanmar alone witnessing NCDs accounting for 68% of all deaths in 2018.

To tackle the growing concern around NCDs, the SUNI-SEA research project was launched in 2019 and spanned across Indonesia, Myanmar, and Vietnam. One key project objective is to provide NCD and public health training to basic health staff and other stakeholders. An online learning platform has been developed to enhance the programme's reach by making learning materials accessible, freely, and online.



Benefits of online learning

- The programme is flexible; you can study at your own pace, at a time that suits you.
- There is no time limit on the completion of modules.
- The platform is completely free to access.
- There are no prerequisites for joining the programme in terms of qualifications or experience.

Course Overview

In these modules, we start with; an introduction to public health and new public health approaches and explore how public health differs from clinical practice. Then, we provide basic information on non-communicable diseases, the major non-communicable disease categories and the global burden of these diseases and their risk factors.

The platform provides information and reading materials for learners to explore problems associated with non-communicable diseases and methods for their prevention and control. After building an understanding of NCD prevention and control in general, the modules will provide information on types of NCD interventions with a focus on the implementation of community-based interventions. Then,

participants will learn how to monitor and evaluate implementation. As NCD require continuity of care for a long duration, we also provide information on self-care for the prevention and management of NCD.

Course Audience

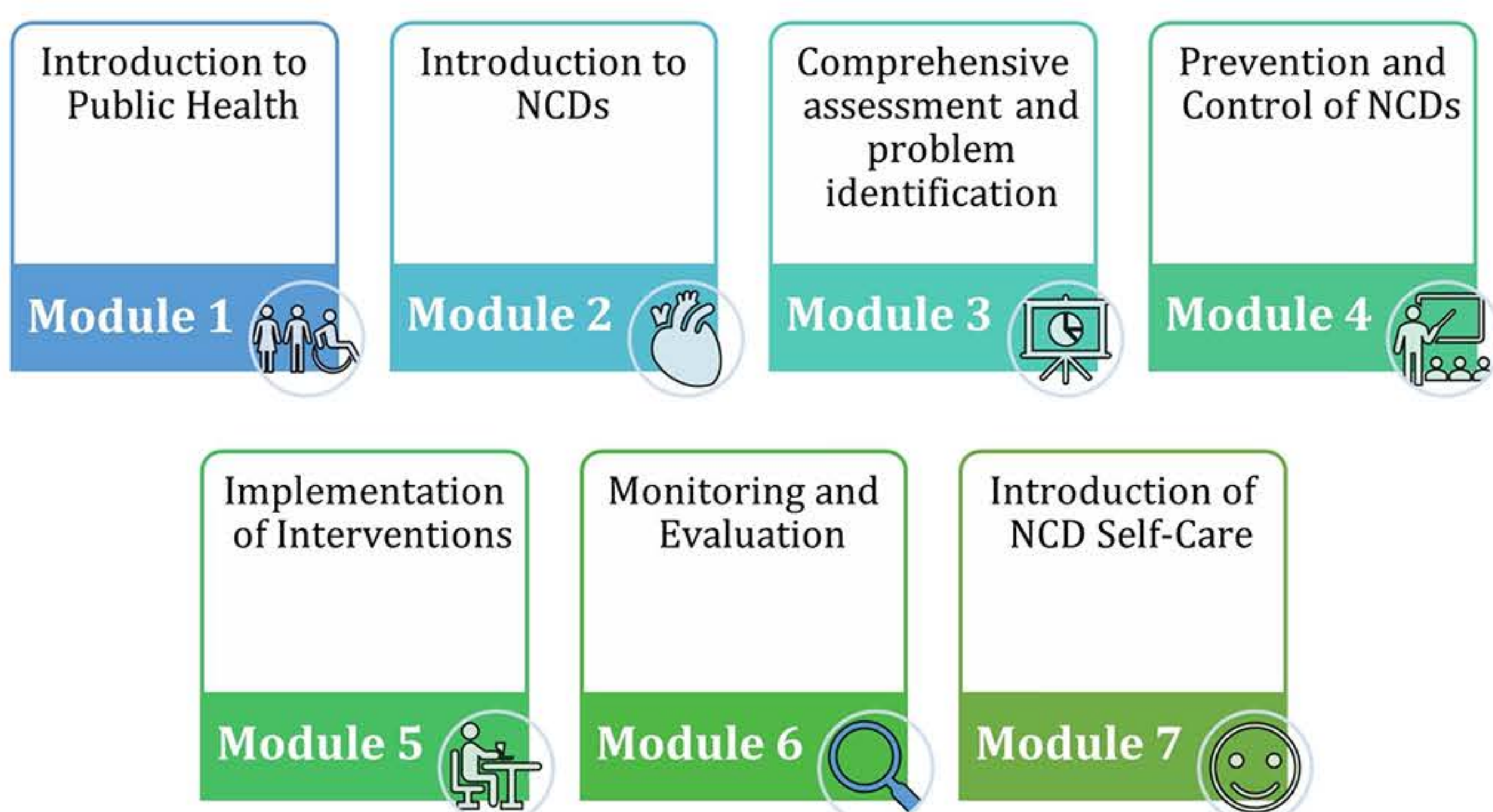
The course has been designed to be used by basic health staff and people working on the frontline in the public health field. However, it can be used by anybody interested in the topics.

Course certification

Completing the course comes with certification provided by the University Medical Centre Groningen, The Netherlands and University of Trnava, Slovakia.

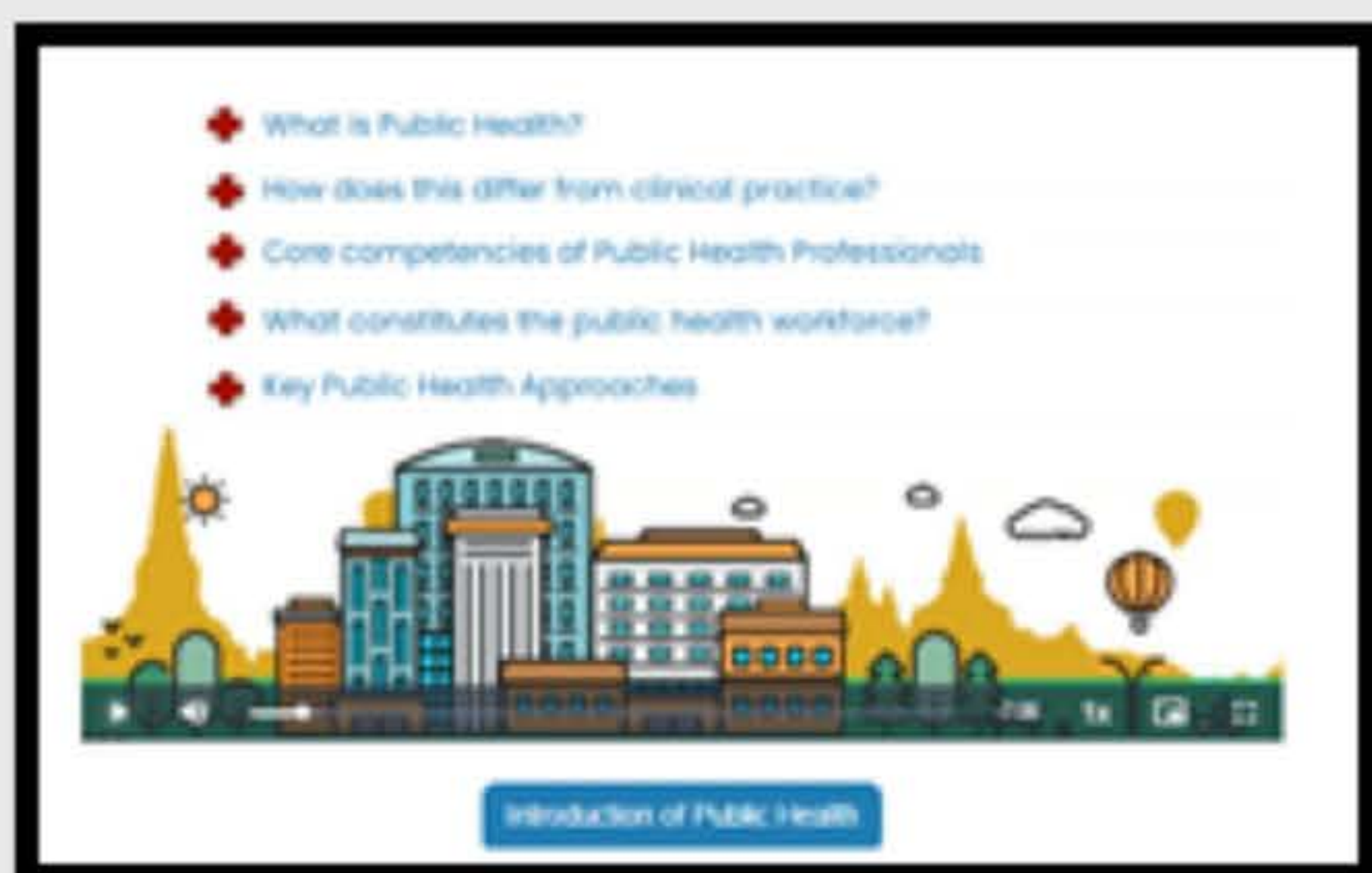
WHAT MODULES DO WE OFFER?

The platform is focused on NCD from a public health perspective. The program covers seven core modules available in English and Burmese. After each module, you must complete a quiz or participate in a discussion before moving on to the next session.



Content Development

Content has been developed drawing on best practice information across the sector and with expert input from staff at HelpAge International, University Medical Centre Groningen, and University of Trnava.



Course delivery

Modules use a number of interactive methods of delivery; these include whiteboard videos and recorded pre-sentations. Some content is provided via reading materials.

All modules include either a quiz or a forum for discussion. Passing the quiz or participating in forum discussions is necessary to move on to the next module.

Technical requirements

- The platform works best on a laptop or desktop computer and requires internet access.
- No software is needed, but each user will create a login to access the modules.
- Whilst the platform can be accessed on your mobile phone, it limits functionality and usability.

Resources

As well as the resources covered in the modules, you will have access to recommendations for extra reading material relevant to each topic from a curated list of expert organisations in the field.

How to register?

To register to the platform, simply go to the link <https://sunisea.myanmar-hosting.com> and follow the instructions to create a login and password. Then, you will be ready to go! There is no cost involved in registering; accessing the platform is completely free of cost.

WHAT DO OUR USER THINKS?

“That learning platform is very good and gain many experiences and that helps for my project activities” – **platform user (1)**

“This NCD platform seemed like it would be difficult. I was able to learn more than I had

anticipated despite my expectations. The NCD platform is really beneficial; even without a tutor, you can review it. – **platform user (2)**

“It's really convenient for the vulnerable in English” – **platform user (3)**

To access the website link, please scan the **QR code** provided here:



Alternatively, you can manually type the following URL into your web browser:

<https://sunisea.myanmar-hosting.com>



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